

SHOUT SPEECH & LANGUAGE

SHERLEY L. JACKSON, ED.S, M.S., CCC-SLP

Certified Speech-Language Pathologist

BLOG POST



OCTOBER- FALL INTO NEW ACTIVITIES

Fall is in the air! This is a great time of year to create memories, experience new activities and discover new traditions. This October, as the temperature cools, make plans to put away the screens and nurture language during every day activities. Take a moment to enjoy your little ones inside and outside the home.

Whatever you choose to do, remember that children learn from watching, playing, exploring and talking. Allow your child to see you doing things you want them to do later.

Below are 5-steps to help build functional skills.

1. *Act (model)*: Let your child see you complete the skill you want them to perform.
2. *Invite*: Invite your child to take part in the activity.
3. *Engage*: Let your child take part in the skill.
4. *Support*: Help your child participate in the skill.
5. *Step Back & Direct*: Give your child space to try the skill independently, and provide support as needed.

Note: 5 steps can occur at one time or over a period of time.

So, have fun, try new things and bombard your little one with language and remember:

Act (model) → Invite → Engage → Support → Step back.



Want to read more about the 5-steps, visit Shout SLT [BLOG](#)

What is Shout SLT? Shout SLT is a pediatric private practice located in the South Metro Atlanta area that specializes in early language development (0-6 years), severe articulation delays, caregiver trainings.

Want to learn how to facilitate language at home through everyday learning or need to walk into an IEP meeting with confidence? Join our community on instagram [@shoutsltherapy](#) or FB @shout speech and language therapy

View our short course on:

What is an SLP



www.shoutsltherapy.com



[shout.sltherapy](#)



[shoutsltherapy](#)



[SHOUT SPEECH & LANGUAGE THERAPY](#)

SPEECH & LANGUAGE FOUNDATION

Everyday Learning: Pumpkins Growing Cycle



Measurement: Height/Weight

Sequence: Carving, pumpkin cycle

Compare/Contrast: size, shape, variety, color

Quantity Seeds: more, less, many, few

Vocabulary:

Adjectives: round, big, small, wet, heavy, light, hard

Nouns: gourd, rib, patch, pulp, stem, strands, seeds

Verbs: carve, scoop, lift, cut, separate

AROUND THE IEP TABLE: CHECK IN



October is a great time to check on your child's performance before report cards and progress notes. Reach out to your child's case manager and/or teacher inquire about:

- services received
- current performance
- progress and concerns

Don't forget to talk to your child about their progress, needs and feelings about school.

SCHEDULE AN IEP COACHING SESSION:



PLAY: 5 Opportunities during the day for language development



1. **Daily Routines:** Waking up, getting dressed, mealtime, and Bedtime
2. **Playtime:** indoor, outdoor
3. **Household Chores:** cooking, laundry
4. **Family Experiences:** outings, grocery shopping
5. **1-on-1 Time:** Reading

IN THE NEWS:

Something new is growing at Shout!

Shout SLT is developing something bigger than therapy,



The Shout Institute is being developed to provide education and practical resources for parents and early educators, helping adults recognize communication needs and support children's language development earlier.

The November *Lunch & Learn* is one of the first steps in this developing educational initiative.

Because helping children communicate doesn't start when therapy begins—it starts with their loved ones around them.



OCTOBER: READ SHOUT SPEECH & LANGUAGE

ISSUE 10 | 2026
BLOG POST



READ, READ, READ

Language Builder: Make reading part of your daily routine

The first five years of your child's life plays a critical role in your child's ability to become a successful reader. Many parents believe that reading begins in the later preschool years or kindergarten, however, your child's early language development plays an integral part in their ability to later becoming proficient readers.

There are simple actions you can implement to help your child learn print, book orientation, story telling, visual cues, that what is printed can be vocalized, story sequencing, moving from left to right to read and that letters makes sounds, letters together makes words, words have syllables, words combined make sentences, and sentences tell a story.

What can you do? You can first let your child see you reading, then read to your little one at least once a day (make it a routine). Check out books from the library, it's free! Have books around your house. Point out print in your environment. Read stories with repetitive lines. Read the same book multiple times. While reading point out what you see, predict what might happen, make up/change the endings and ask questions.

Remember, act, invite, engage, support, set back.

Reading Builds:

Preliteracy Skills
Phonics
Vocabulary
Sequencing
Story telling
Problem Solving

Rhyme
Spelling
Imagery
Figurative Lang
Grammar/Syntax
Attention



READ, READ, READ



Facilitate LANGUAGE

Model:
your child will speak the way you speak.

Repeat:
repetition helps your child learn new skills

Describe:
explain what you are doing.

Read
make reading a daily routine

Play:
with your little one

Cook:
invite your little one to join you in the kitchen.

SAVE THE DATE

Shout SLT
SPEECH & LANGUAGE THERAPY

LUNCH & LEARN

Helpful Information • Practical Strategies • Real-World Support

Save the Date!
SATURDAY, NOVEMBER 14, 2026
12:00 PM – 1:00 PM | VIA ZOOM

Join us for a 1-hour virtual Lunch & Learn as part of the Shout Institute development. This session will provide valuable tips and tools to support your child's communication and early learning success.

REGISTER BY
NOVEMBER 14, 2026

every new word... deserves a joyful Shout. ♥

Who: Parent/Caregivers with a child birth-3 years old.

What: On your lunch hour, learn strategies to facilitate language and take immediate action night as soon as you get home.

Why: To set a foundation supporting your child's language skills.



Book of the Month



The Itsy Bitsy Pumpkin



The Runaway Pumpkin



Goodbye Summer Hello Autumn

Reminder, books can be checked out at the library or listened to on Youtube for FREE.
Amazon Affiliate Links where I earn a percentage are included.

[Amazon Link](#)



Inside Activities visit shout online



Color Pumpkins

Pumpkin cycle video



Younger Child



Older Child



Craft

Amazon Affiliate Links where I earn a percentage are included.



Outside Activities

FALL Scavenger Hunt



1. Visit a patch
2. Pick apples
3. Go on a leaf hunt
4. Take a walk
5. Throw aa football



OCTOBER



HAPPY HALLOWEEN

visit shout online

